



2025 - 2026 ACHA Rule Exam

- This test is designed as an educational resource.
 - You may use your NCAA rulebook and ACHA Manual while taking it.
 - Select the correct answer for each question.
 - Refer to the ACHA officials page at achahockey.org for resources.
1. If a piece of goalkeeper's equipment other than the helmet (e.g., glove, blocker, leg pads, skate blade, helmet/facemask straps, etc.) becomes dislodged, play shall continue if the offensive team has an impending scoring opportunity. Once the scoring opportunity is complete, play shall be stopped. What rule reference determines this.
 - a. 8.2
 - b. 11.1
 - c. 14.1
 2. If the penalty to be imposed is a minor penalty and a goal is scored on the play by the non-offending side, the minor penalty shall not be imposed but major penalties shall be imposed in the normal manner regardless of whether or not a goal is scored (Rule 15.2 and 15.3).
 - a. True
 - b. False
 3. When a penalty is being enforced, the non-offending team has the choice of which offensive zone faceoff location the ensuing faceoff will be conducted. This does not apply during coincidental minor penalties (both teams penalized). This is true under rule.
 - a. 15.1
 - b. 15.2
 - c. 15.3
 - d. 15.4

4. Which of the following are true regarding the updates to penalty shots.
 - a. No penalty shall expire when a goal is scored against a team on a penalty shot
 - b. Should two penalty shots be awarded to the same team at the same stoppage of play (two separate infractions), only one goal can be scored or awarded at a single stoppage of play
 - c. Should the first penalty shot result in a goal, the second shot would not be taken but the appropriate penalty would be assessed and served as normal
 - d. All of the above
5. Referees may determine that the puck entered the net as the culmination of a continuous play where the result of the play was unaffected by any whistle blown by the referee upon losing sight of the puck. What rule reference determines this.
 - a. 32.1
 - b. 32.4
 - c. 33.1
6. Abuse of officials Rule 40.1 has been updated to include what progressive option.
 - a. Minor
 - b. Double minor
 - c. Match
7. Ethnic/Racial Slurs – What are the penalty options for making profane, threatening, vulgar, or derogatory remarks or personal comments relating to race, ethnicity, national origin, religion, gender, gender expression, gender identity, sexual orientation, or disability.
 - a. Minor
 - b. Game misconduct with the exception of medical personnel. Medical personnel are subject to supplementary discipline penalties
 - c. Game disqualification, with the exception of medical personnel. Medical personnel are subject to supplementary discipline penalties
 - d. Match
8. Faceoff violations require the linesperson to.
 - a. Issue a warning to the offending team and a second violation by the same team will result in a bench minor penalty
 - b. Replace the offending center prior to dropping the puck unless there is a no-change situation as this would require a warning
9. NEW RULE: What height is considered high sticking the puck?
 - a. 4 feet
 - b. Shoulder height
 - c. Above the normal standing height of the shoulders and/or goal scored playing the puck higher than 4 feet

10. The penalties for Hitting/Checking from behind include.
- Double minor and game misconduct at the discretion of the referee
 - Match and game misconduct or disqualification at the discretion of the referee
 - Minor, Major and game misconduct or Major and Disqualification at the discretion of the referee
 - Minor, Major, Major and game misconduct or Major and Disqualification at the discretion of the referee

(Note: The committee reminds coaches and players that the responsibility remains with the player making the hit to avoid contact with the head and neck area of an opposing player. A player delivering a check to an unsuspecting and vulnerable player puts themselves in jeopardy of being penalized).

11. The penalties for Contact to the Head include.
- Double minor and game misconduct at the discretion of the referee
 - Match and game misconduct or disqualification at the discretion of the referee
 - Minor, Major and game misconduct or Major and Disqualification at the discretion of the referee
 - Minor, Major, Major and game misconduct or Major and Disqualification at the discretion of the referee

(Note: The committee reminds coaches and players that the responsibility remains with the player making the hit to avoid contact with the head and neck area of an opposing player. A player delivering a check to an unsuspecting and vulnerable player puts themselves in jeopardy of being penalized).

12. A1 receives a minor penalty at 1:00; B1 receives a minor penalty at 1:30; and A2 receives a minor penalty at 1:40. Team B scores a goal at 1:50. Which penalty terminates
- A1's minor penalty. The minor penalty with the least amount of time on the clock shall terminate except when coincidental penalties are being served
 - A2's minor penalty
 - B1's minor penalty
 - No penalty terminates

13. If a goal is scored when an ineligible player is on the ice (whether he or she was involved in the scoring or not), the goal will be disallowed. For a goal to be disallowed the coach must alert the on-ice officials prior to the next faceoff.

- True
- False

14. A team that is prevented by rule from substituting its players must call a time out to be allowed to change players.

- True
- False

15. A player delivering a check to an *“unsuspecting and vulnerable”* player puts themselves in jeopardy of being penalized under what rule?
- Rule 45 – Contact to the Head
 - Rule 50 – Hitting from Behind
 - Rule 59.2 – Interference with Significant Contact
 - All the above
16. ACHA Manual Rule: Spitting at an opposing player, fan, or official is an automatic “Game Disqualification” under ACHA Manual Article II, Section 1, C, and enacted in 2007.
- True
 - False
17. Team A attacking team shoots the puck on goal from the neutral zone and it deflects off team B goal post directly out of play. Faceoff should be.
- Endzone faceoff spot
 - Neutral zone faceoff spot
 - One zone back from shot location
18. Can teams put players in motion prior to the linesman dropping the puck?
- Yes
 - No
19. An immediate whistle and face-off in neutral zone should occur anytime an offensive player stands or skates through the defensive goalie’s crease.
- True
 - False
20. During play the official signals a delayed minor penalty on A1. During this delay A2 is also signaled for another delayed minor penalty. During the delay Team B scores. On-ice strength at the next face-off will be.
- 5 on 5
 - 5 on 3
 - 5 on 4
21. Once the game has started, an eligible player or goalkeeper not already in the game may be added to the score sheet during a stoppage of play provided no players are deleted from the game roster and maximum roster size has not been exceeded. The offending team shall be assessed a bench minor penalty for illegal substitution for each player added.
- True
 - False

22. For goals scored, ACHA rule requires a referee to blow the whistle and point at the goal.
- True
 - False
23. Under rule 72 Illegal Substitution, if a player leaves the penalty bench before their penalty has expired by error of the scorekeeper, any goal scored by their team will be allowed.
- True
 - False
24. Team A player sees the puck being passed to him or her and clearly turns their skate in a skillful move and directs the puck into the net for a goal. The goal should be.
- Disallowed
 - Allowed
25. The initial penalty for a coach using obscene gestures directed at officials or others during the warm-up, during the progress of the game, or during an intermission or after the game is.
- Major
 - Bench Minor
 - Bench Minor and Game Misconduct
 - Misconduct
26. If there is a deliberate illegal substitution in the last two minutes of regulation or during overtime the penalty called shall be.
- Minor
 - Double minor
 - Penalty shot/optional minor
27. With less than two minutes left in regulation or during overtime, team B goaltender displaces the net. Rules describing the penalties are found under the NCAA rule section.
- 25.3
 - 67.1
 - 67.2
 - 72.1
28. A1 delivers a violent check to B1, who is a vulnerable and unsuspecting player without the puck. The penalty assessed could be.
- Minor for roughing rule 53.1
 - Disqualification for excessive roughness rule 53.2
 - Minor for roughing rule 53.3

29. NEW RULE: Facemask Penalty Rule 47 has been adjusted to include a minor penalty and rule options are listed below are correct.
- A minor penalty for intentionally placing the hand on the mask and pushing the facemask of an opponent.
 - A minor penalty for moving an open hand back and forth across an opponent's facemask (previously a major penalty).
 - Major penalty and either a game misconduct or game disqualification at the referee's discretion for a player.
- a. True
 - b. False
30. Women's Hockey: Examples of "illegal" body checking include actions except.
- a. Make deliberate physical contact with an opponent with no effort to legally play the puck
 - b. Use overt hip, shoulder, or arm contact with the opponent to physically force them off the puck
 - c. Angling to influence the puck carriers body position
 - d. Physically impede the progress of the opponent with hips, shoulders or torso without establishing legal body contact and having no intent of playing the puck
31. Women's Hockey: Players that use the following tactics should not be penalized except.
- a. Use of angling
 - b. Use of the body to contact and physically separate player from the puck
 - c. Use of size, strength and balance to play the puck
 - d. Use of body position to control or gain possession of puck
 - e. No distinct hip, shoulder, arm or stick contact to physically force the opponent off the puck
32. Women's Hockey: Checking and body contact are Points of Emphasis found in the NCAA rule book under 2024-26 Points of Emphasis and under NCAA rule section.
- a. 45
 - b. 76
 - c. 94
33. Documents and rules defining all ACHA referee information can be found at www.achahockey.org. under Resources and Officials tab.
www.achahockey.org/officials
- a. True
 - b. False
34. ACHA rules require officials to submit an ACHA "Incident Report" located on the ACHA officials page for any incident that requires the removal of a player, coach or fan from a game including but not limited to Game Misconducts and Disqualifications.
www.achahockey.org/officials
- a. True
 - b. False