



AMERICAN COLLEGIATE HOCKEY ASSOCIATION  
**2022 - 2023 ACHA Rule Exam**

- This test is designed as an educational resource.
- You may use your NCAA rulebook and ACHA Manual while taking it.
- Select the correct answer for each question.
- Refer to the ACHA officials page at [achahockey.org](http://achahockey.org) for resources.

1. NEW RULE: Excluding the stick, if a piece of goalkeeper's equipment other than the helmet (e.g., glove, blocker, leg pads, skate blade) becomes dislodged, play shall continue if the offensive team has an impending scoring opportunity. Once the scoring opportunity is complete, play shall be stopped. This is true under NCAA rule:
  - a. 8.2
  - b. 11.1
  - c. 14.1
2. NEW RULE: The penalties for contact to the head and hitting from behind into the sideboards or goal cage are:
  - a. Minor or major at the discretion of the referee.
  - b. Major and game misconduct or disqualification at the discretion of the referee.
  - c. Major, Major and game misconduct or disqualification at the discretion of the referee.

*(Note: The committee reminds coaches and players that the responsibility remains with the player making the hit to avoid contact with the head and neck area of an opposing player. A player delivering a check to an unsuspecting and vulnerable player puts themselves in jeopardy of being penalized).*
3. NEW RULE: Offsides. A player shall be considered onside if the skate is over (above and not in contact with) the blue line when the puck enters the attacking zone.
  - a. True
  - b. False
4. NEW RULE: High sticking in defensive zone. To be consistent with a hand pass infraction in the defensive zone, when the defending team high sticks the puck in the defending zone, the team will not be able to change its players.
  - a. True
  - b. False

5. A player delivering a check to an “*unsuspecting and vulnerable*” player puts themselves in jeopardy of being penalized under what rule?
  - a. Rule 45 – Contact to the Head
  - b. Rule 50 – Hitting from Behind
  - c. Rule 59.2 – Interference with Significant Contact
  - d. All the above
  
6. ACHA Manual Rule: Spitting at an opposing player, fan, or official is an automatic “game disqualification” under ACHA Manual Article II, Section 1, C, and enacted in 2007.
  - a. True
  - b. False
  
7. Attacking team high sticks or bats the puck with a hand at the goalkeeper, play should:
  - a. Stop immediately
  - b. Continue but there are provisions in the rules defining the play
  
8. Team A attacking team shoots the puck on goal from the neutral zone and it deflects off team B goal post directly out of play. Faceoff should be:
  - a. Endzone faceoff spot
  - b. Neutral zone faceoff spot
  - c. One zone back from shot location
  
9. Can teams put players in motion prior to the linesman dropping the puck?
  - a. Yes
  - b. No
  
10. Team A player is moving up the ice through the neutral zone as the puck is passed to him from a teammate. He catches the puck out of the air and immediately places it or knocks it down to the ice. The referee should:
  - a. Call a minor penalty on the Team A player
  - b. Allow play to continue, as this is a good play
  - c. Stop play for a neutral zone faceoff that does not give an advantage to Team A.
  
11. The penalty for a player or coach that has committed a racial, gender or ethnic slur is:
  - a. Major
  - b. Misconduct
  - c. Game Misconduct with option of supplemental discipline
  - d. Disqualification

12. An immediate whistle and face-off in neutral zone should occur anytime an offensive player stands or skates through the defensive goalie's crease:
- True
  - False
13. With both teams playing at full-strength, A1 slashes B2 (minor penalty) in front of the net. In retaliation, B1 flagrantly checks A1 from behind into the goal post headfirst (major penalty). The Team A goalkeeper cross-checks player B1 (minor penalty). The ensuing on-ice strength, (excluding goalkeepers), will be:
- 4 on 3
  - 4 on 4
  - 5 on 4
14. During play the official signals a delayed minor penalty on A1. During this delay A2 is also signaled for another delayed minor penalty. During the delay Team B scores. On-ice strength at next face-off will be:
- 5 on 5
  - 5 on 3
  - 5 on 4
15. With the puck in Team A's defending zone, a delayed penalty is called on Team A and Team B prematurely substitutes for its goalkeeper. The ensuing face-off will be held in Team B's attacking zone.
- True
  - False
16. Whistle for minor penalty on Team A in their defensive zone. After whistle and just before ensuing face-off Team B is assessed a penalty. Where is face-off?
- Team A defensive end zone
  - Team B defensive end zone
  - Team A neutral zone
  - Team B neutral zone.
17. Once the game has started, an eligible player or goalkeeper not already in the game may be added to the score sheet during a stoppage of play provided no players are deleted from the game roster and maximum roster size has not been exceeded. The offending team shall be assessed a bench minor penalty for illegal substitution for each player added.
- True
  - False
18. For goals scored, ACHA rule requires a referee to blow the whistle and point at the goal.
- True
  - False

19. NCAA Obstruction Rule 60 has been redefined as:
- Delay of game
  - Officially recorded as interference (or other more appropriate option)
  - Minor penalty only
20. Team A player in their defensive zone shoots the puck into neutral zone where it cleanly deflects off a teammate who is not covered by a Team B player back into Team A's defensive zone with Team B players already in zone. Official should signal a delayed offside?
- True
  - False
21. Team A player sees the puck being passed to him or her and clearly turns their skate in a skillful move and directs the puck into the net for a goal. The goal should be:
- Disallowed
  - Allowed
22. The initial penalty for a coach using obscene gestures directed at officials or others during the warm-up, during the progress of the game, or during an intermission or after the game is.
- Major
  - Bench Minor
  - Bench Minor and Game Misconduct
  - Misconduct
23. All ACHA officials must be USA Hockey certified level three or higher?
- True
  - False
24. A1 delivers a violent check to B1, who is a vulnerable and unsuspecting player without the puck. The penalty assessed may be:
- Minor for roughing rule 53.1
  - Disqualification for excessive roughness rule 53.2
  - Major for roughing rule 53.3
25. Women's Hockey: Examples of "illegal" body checking include actions except:
- Make deliberate physical contact with an opponent with no effort to legally play the puck
  - Use overt hip, shoulder, or arm contact with the opponent to physically force them off the puck
  - Angling to influence the puck carriers body position
  - Physically impede the progress of the opponent with hips, shoulders or torso without establishing legal body contact and having no intent of playing the puck

26. Women's Hockey: Players that use the following tactics should not be penalized except:
- Use of angling
  - Use of the body to contact and physically separate player from the puck
  - Use of size, strength and balance to play the puck
  - Use of body position to control or gain possession of puck
  - No distinct hip, shoulder, arm or stick contact to physically force the opponent off the puck
27. With less than two minutes left in the game, team B goaltender displaces the net. Rules describing the penalties are found under NCAA rule section.
- 25.3
  - 67.1
  - 67.2
  - 72.1
28. Interference penalties on a goalkeeper are defined in NCAA rule section.
- 24
  - 29
  - 44
  - 73
29. Women's Hockey: Checking and body contact are Points of Emphasis found in the NCAA rule book under 2023-24 Points of Emphasis and under NCAA rule section.
- 22
  - 45
  - 76
  - 94
30. Documents and rules defining all ACHA referee information can be found at [www.achahockey.org](http://www.achahockey.org). under Resources and Officials.
- True
  - False
31. ACHA rules require officials to submit an ACHA Incident Report located on the ACHA officials page for any incident that requires the removal of a player, coach or fan from a game including but not limited to Game Misconducts and Disqualifications.
- True
  - False